

THE APOSTLES CREED—I believe in God the Father almighty, creator of Heaven and Earth. And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell. The third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the Body, and the life everlasting. Amen



THE OUR FATHER—Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

THE HAIL MARY—Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen

HAIL HOLY QUEEN,, mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To Thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O element, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

O GOD, WHOSE only begotten Son by His life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

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MRCC'S GUIDE ON HOW TO PRAY THE ROSARY

Saying the Rosary is an ancient prayer used by many faith traditions. It helps us keep in mind certain principal events or mysteries in the history of our salvation, and to thank and praise God for them. There are twenty mysteries reflected upon in the Rosary:



THE JOYFUL MYSTERIES (Monday and Saturday):

1. The Annunciation—God prepared Mary to be the vessel of the Incarnate Word.
2. The Visitation—Mary visits Elizabeth. John the Baptist is sanctified in her womb.
3. The Nativity—the Savior is born in Bethlehem as choirs of Angels rejoice.
4. The Presentation—Mary presents Jesus at the Temple to be consecrated to the Lord.
5. The Finding of Jesus in the Temple—Twelve year old Jesus is found in the Temple astonishing the elders with his wisdom.

THE LUMINOUS MYSTERIES (Thursday):

1. The Baptism of the Lord—John baptizes Jesus in the Jordan
2. The Wedding at Cana—Jesus turns water into wine.

3. The Proclamation of the Kingdom—Jesus delivers the Beatitudes in the Sermon on the Mount.
4. The Transfiguration—Jesus becomes as radiant as the Sun in the presence of Peter, James and John.
5. The Institution of the Eucharist—Jesus celebrates the first Mass with his disciples

THE SORROWFUL MYSTERIES Tuesday and Friday:

1. The Agony in the Garden—Jesus prays, “My Soul is Sorrowful unto Death”.
2. The Scourging at the Pillar—The Lamb of God offers his suffering for the sins of mankind.
3. The Crowning of Thorns—In mockery of His claim to be King of the Jews.
4. The carrying of the Cross—Jesus falls three times under the weight of the Cross.
5. The Crucifixion—”Father forgive them for they know not what they do.”

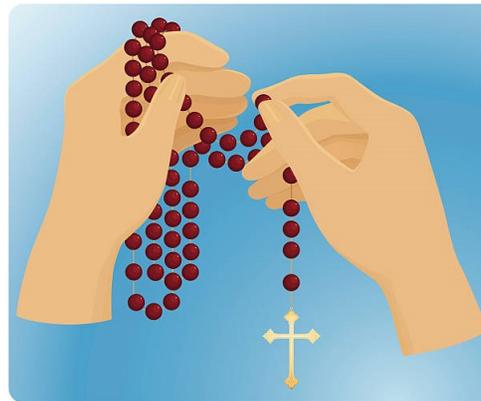
THE GLORIOUS MYSTERIES Wednesday and Sunday:

1. The Resurrection—On the third day, Jesus rises from the dead, glorious and Immortal.
2. The Ascension—After 40 days, Jesus ascends into Heaven.
3. The Descent of the Holy Spirit—Like “Tongues of Fire” the Holy Spirit descends upon the Apostles in the Upper Room.
4. The Assumption—Mary, the Mother of God, dies and is assumed, body and soul into Heaven.
5. The Coronation—Mary is crowned by her divine Son as Queen of Heaven and Earth.

THE ROSARY WALK

Standing before the cross imbedded in the ground at the entrance to the Walk, *Make the Sign of the Cross*, and proceed to the first stepping stone. As you tread the five steps approaching the Blessed Mother, known as “The Introduction”. Prepare yourself by saying:

1. *The Apostles Creed*



2. The “*Our Father*”
3. Three “*Hail Mary’s*”
4. “*Glory Be to the Father... .*”

At the fifth stone (rose) announce the first Mystery and say

The Our Father.

As you then proceed along there are ten grey stones (called a decade) then a rose stone. This pattern is repeated five times around the walk. At each grey stone, a “*Hail Mary*” is said as you reflect on the first mystery. At the end of the decade say a “*Glory Be to the Father*”, then proceed to the rose stone, say an “*Our Father*” then announce the second mystery

As you proceed around the circle, the process is repeated with a “*Hail Mary*” at each grey Stone, a “*Glory Be ..*” after each decade , an “*Our Father*” at each rose stone, and announce the third, fourth and fifth mysteries, and so on until you complete the rosary Walk.

At the end of the Rosary Walk, recite the “*Hail Holy Queen*”, and the “*O God Whose... .*”